

# Mental Health Services

## Adult Outpatient Trauma Therapy

Reduce the stressors of parenting by addressing your mental health needs.



**Are you looking to improve your relationship with your child(ren) and manage the stress of parenting?**

**Call us today!**



### ELIGIBILITY:

- History of trauma, abuse, or other adverse childhood experiences (ACEs)
- Must be a parent or caregiver of child/children 0-18 years old
- Medi-Cal not required

### SERVICES

- Comprehensive trauma screening and assessment
- Individualized treatment plan
- 6 month program
- Individual and group therapy available
- Benefits counseling and assistance available

 **Ashle Archangel, AMFT Clinical Director**

 **209-644-5367**

 **540 N. California St., Stockton, CA 95202**

Funded By:  
**SAN JOAQUIN**  
— COUNTY —  
*Behavioral Health Services*  
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 **CHILD ABUSE PREVENTION COUNCIL**  
OF SAN JOAQUIN COUNTY